NEWSLETTER



TABLE OF CONTENTS

- Greeting/Purpose
- Chapter Calendar
- Mu Psi Man Of The
 Month
- Highlights
- News & Updates
- Mental Health Corner



BASILEUS LETTER Greetings Brothers,

I trust this letter finds you well. I am writing to share the tremendous news of an exceptionally successful month that our organization has recently experienced. As the Basileus of our beloved Mu Psi, I am thrilled to convey our collective achievements and extend my gratitude to each member of our dedicated team.

Throughout the past month, we have witnessed remarkable growth, of our achievement week as our programs namely the Charles R. Drew Blood Drive which exceeded performance targets via the Red Cross projections.



I invite you to join me in acknowledging and celebrating the achievements of our team. Together, we have proven that with a shared vision and a collaborative spirit, there is no limit to what we can accomplish.

- Bro. Brendan Bryan, Basileus of the Mu Psi Chapter

OIL OF THE MONTH

"Excellence of performance may transcend artificial barriers created by man."

-Bro. Charles R. Drew







CALENDAR CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3	4 AФA FOUNDER'S DAY	5	6	7	8	9
10	11	12	13	14	15	16
		F	INALS WEI	EK		GRADUATION
17	18	19	20	21	22	23
CHRISTMAS EVE	25 CHRISTMAS DAY	26	27	28	29	30
31 NEW YEARS EVE						

- MU PSI MAN OF THE MONTH -



IN A DISPLAY OF VISIONARY LEADERSHIP, MR. SENIOR BRO. NYGEL DIGGS (2-23) CONCEIVED AN IMPACTFUL IDEA FOR HIS SCHOOL SERVICE PROJECT, DEMONSTRATING A DEEP COMMITMENT TO THE COMMUNITY. SERVING AS THE DRIVING FORCE, HE METICULOUSLY ORGANIZED AND MANAGED THE APPLICATION AND DESIGN OF A MONUMENTAL 30'X10' PUBLIC MURAL ON THE EARLY CHILDHOOD CENTER IN GREENSBORO. COLLABORATING SEAMLESSLY WITH VISUAL ART STUDENT BRIANA BALLENTINE, HE TRANSLATED HIS VISION INTO A CAPTIVATING DESIGN, DRAWING UPON THE EXPERTISE OF THE VISUAL ARTS DEPARTMENT FOR THE MURAL APPLICATION.

THE EXECUTION OF THIS TRANSFORMATIVE PROJECT SAW THE INVOLVEMENT OF APPROXIMATELY 80 DEDICATED NCAT STUDENT VOLUNTEERS, WHO, IN CONTRIBUTING THEIR TIME AND SKILLS, NOT ONLY ASSISTED IN BRINGING THE MURAL TO LIFE BUT ALSO PROVIDED AN INVALUABLE OPPORTUNITY FOR ACCRUING SERVICE HOURS. THE MURAL ITSELF IS A PROFOUND REPRESENTATION OF INCLUSIVITY, SCHOLARSHIP, DIVERSITY, CAREERS, HEALTH, SPORTS, AND CHRISTIAN BELIEFS.

BRO. DIGGS' NOBLE OBJECTIVE EXTENDS BEYOND THE IMMEDIATE IMPACT OF THIS MURAL. HIS GOAL IS TO LEAVE AN ENDURING MARK ON THE CITY, SERVING AS A PERPETUAL TESTAMENT TO THE POSITIVE INFLUENCE NCAT STUDENTS WIELD WITHIN THE COMMUNITY. WITH THIS TIMELESS MURAL, HE ASPIRES TO SHOWCASE THE LASTING IMPRESSION THAT NCAT STUDENTS LEAVE, ENSURING THAT THEIR CONTRIBUTIONS ARE RECOGNIZED AND CELEBRATED FOR GENERATIONS TO COME.

Bro. Nygel Diggs (2-23)



HIGHLIGHTS



The Mu Psi Chapter celebrates 112 years at their founders day program!

NEWS UPDATES





IN THE AFTERMATH OF OUR HIGHLY SUCCESSFUL FOUNDERS DAY PROGRAM, WE REFLECT UPON AN EVENT METICULOUSLY ORCHESTRATED TO COMMEMORATE OUR ORGANIZATION'S RICH HISTORY AND ENDURING PRINCIPLES. THE OCCASION, MARKED BY INSIGHTFUL SPEECHES AND COLLABORATIVE ACTIVITIES, SERVED NOT ONLY AS A HOMAGE TO OUR FOUNDERS BUT ALSO AS A REAFFIRMATION OF THE UNITY, PURPOSE, AND SHARED VISION THAT DEFINE OUR COLLECTIVE IDENTITY. THE PROGRAM NOT ONLY CELEBRATED OUR PAST BUT ALSO UNDERSCORED THE COHESIVE STRENGTH THAT BINDS US AS A DYNAMIC COMMUNITY.



NEWS UPDATES



"GRATITUDE IN ACTION: ON NOVEMBER 16TH, OUR CHARLES R. DREW BLOOD DRIVE EXCEEDED ALL EXPECTATIONS, DRAWING AN OVERWHELMING RESPONSE FROM OUR ON CAMPUS COMMUNITY. THROUGH COLLECTIVE GENEROSITY, WE'VE NOT ONLY REACHED BUT SURPASSED OUR DONATION GOALS, ENSURING COUNTLESS LIVES WILL BE TOUCHED AND SAVED. A HEARTFELT THANK YOU TO EVERYONE WHO CONTRIBUTED TO THIS EXTRAORDINARY SUCCESS - YOUR SELFLESSNESS WILL LEAVE A LASTING IMPACT ON THOSE IN NEED."



NEWS UPDATES



AS MR.SENIOR BRO. NYGEL DIGGS (2-23) CAME UP WITH THE IDEA AS HIS SERVICE PROJECT FOR THE SCHOOL AS HE ORGANIZED AND MANAGED THE APPLICATION AND DESIGN OF A 30'X10' PUBLIC MURAL ON THE EARLY CHILDHOOD CENTER IN GREENSBORO. HE WORKED DILIGENTLY. WITH VISUAL ART STUDENT BRIANA BALLENTINE TO COME UP WITH THE DESIGN AND THE VISUAL ARTS DEPARTMENT FOR ASSISTANCE WITH THE APPLICATION OF THE MURAL. AROUND 80 NCAT STUDENT VOLUNTEERS HELPED WITH THE MURAL, CREATING AN OPPROTUNITY FOR SERVICE HOURS TO BE ACHIEVED. THIS MURAL IS CENTERED AROUND INCLUSIVITY, SCHOLARSHIP, DIVERSITY, CAREERS, HEALTH, SPORTS, AND CHRISTIAN BELIEFS. DIGGS GOAL WAS TO LEAVE A MARK, SHOWCASING THE IMPACT NCAT STUDENTS LEAVE ON THE CITY AND WITH THIS LASTING MURAL HE WILL BE ABLE TO DO THAT FOREVER MORE.

MENTAL HEALTH CORNER

Monthly Devotional

Trauma is subjective. If you feel as if what you went through was traumatic, it probably was. However, if you feel that your experience wasn't traumatic, you may or may not be correct because trauma is tricky. It hides in the dark and trips us up when we least expect it. It tries to convince us that what we experienced was normal and to minimize it while stacking itself up against someone else who "had it worse." By its simplest definition, trauma is a deeply disturbing experience or series of experiences. If you have been abused (mentally, physically, spiritually, or sexually), been neglected, lost a loved one, survived an assault or natural disaster, or even lived in close proximity to someone who has experienced trauma—you have experienced trauma. The first step in healing trauma is acknowledging its existence. We have to come to grips with the reality that what we experienced wasn't normal. When we dismiss or excuse our trauma as simply a regular part of life, we deny its impact on us. We end up looking for remedies rather than getting to the roots of the problem. Healing from trauma probably won't bring you back to your pre-traumatized self because the scars will always be there. But the scars will remind you of what you've overcome. Someday, they will be a powerful testimony to others of what God has done in your life. There's beauty in this kind of renewal. There's richness in things that have been truly restored rather than cosmetically dressed up. In Zechariah, we read that we are "prisoners of hope" because God promises to restore what we have lost. God knows exactly which parts of you are wounded and what will be required in order for them to heal. He has restored millions of wounded minds, bodies, and souls throughout history, and he is paying special attention to

your wounds right now. He is preparing them for healing

Scripture Focus Isaiah 43:18-19 NLT

"BUT FORGET ALL THAT— IT IS
NOTHING COMPARED TO WHAT I AM
GOING TO DO. FOR I AM ABOUT TO DO
SOMETHING NEW. SEE, I HAVE
ALREADY BEGUN! DO YOU NOT SEE IT?
I WILL MAKE A PATHWAY THROUGH
THE WILDERNESS. I WILL CREATE
RIVERS IN THE DRY WASTELAND."

